



**CONGRATULATIONS**

**Lissie Faulks**

**ON FINISHING THE**

**Helix Duathlon Festival**

**Novice Duathlon**

**RACE DATE**

**22/09/2018**

**GENDER - GENDER PLACE - CATEGORY - CATEGORY PLACE**  
 Female                      3 of 16                      FV                      2 of 7

**IN A TIME OF**

**00:54:16**

**Run                      T1                      BIKE                      T2                      RUN**  
**00:16:54                      00:00:52                      00:26:56                      00:00:46                      00:08:45**

**CLUB**