



**CONGRATULATIONS  
Alastair McAusland**

**ON FINISHING THE**

**Helix Duathlon Festival**

**Novice Duathlon**

**RACE DATE**

**22/09/2018**

**GENDER - GENDER PLACE - CATEGORY - CATEGORY PLACE**  
 Male                      31 of 42                      M Senior                      3 of 5

**IN A TIME OF**

**00:57:29**

**Run                      T1                      BIKE                      T2                      RUN**  
**00:17:43                      00:00:17                      00:29:31                      00:00:15                      00:09:41**

**CLUB**