



**CONGRATULATIONS**

**Martin Munro**

**ON FINISHING THE**

**Helix Duathlon Festival**

**Novice Duathlon**

**RACE DATE**

**22/09/2018**

**GENDER - GENDER PLACE - CATEGORY - CATEGORY PLACE**  
**Male 24 of 42 MV 14 of 23**

**IN A TIME OF**

**00:55:10**

**Run T1 BIKE T2 RUN**  
**00:16:06 00:00:22 00:29:39 00:00:15 00:08:47**

**CLUB**