



**CONGRATULATIONS**

**James Sinclair**

**ON FINISHING THE**

**Helix Duathlon Festival**

**Novice Duathlon**

**RACE DATE**

**22/09/2018**

**GENDER - GENDER PLACE - CATEGORY - CATEGORY PLACE**  
 Male                    38 of 42                    MSV                    6 of 7

**IN A TIME OF**

**01:04:01**

**Run                    T1                    BIKE                    T2                    RUN**  
**00:19:40                    00:00:31                    00:31:35                    00:00:28                    00:11:46**

**CLUB**