



**CONGRATULATIONS**

**Paul Frissen**

**ON FINISHING THE**

**Dartington Duathlon 2018**

**Sprint Distance**

**RACE DATE**

**2018/10/28**

**GENDER - GENDER PLACE - CATEGORY - CATEGORY PLACE**

**M**

**31 of 56**

**MV50**

**10 of 18**

**IN A TIME OF**

**01:28:46**

**Run**  
**00:24:12**

**T1**  
**00:00:58**

**BIKE**  
**00:48:33**

**T2**  
**00:00:53**

**RUN**  
**00:14:07**

**CLUB**

**Torbay Triathlon Club**