



**CONGRATULATIONS**

**John Selwood**

**ON FINISHING THE**

**Dartington Duathlon 2018**

**Sprint Distance**

**RACE DATE**

**2018/10/28**

**GENDER - GENDER PLACE - CATEGORY - CATEGORY PLACE**  
**M 30 of 56 MV50 9 of 18**

**IN A TIME OF**

**01:27:39**

**Run 00:23:52 T1 00:03:02 BIKE 00:45:39 T2 00:01:20 RUN 00:13:43**

**CLUB**

**Plymouth Harriers**