



Congratulations To

Mark Ryder

On Completing the

Lightwater 10k Challenge

17/03/2019

Gun Time **00:39:44.5**

Chip Time **00:39:43.5**

Gender **Male**

Gender Place **7 of 104**

Category **M Sen**

Category Place **5 of 32**

Race No **209**

Pace **3:58 min/km**

Club **Ripon Runners**



What's My Time