



**CONGRATULATIONS**  
**Ian Rodgers**

**ON FINISHING THE**  
**Dyfi Dash Sprint Triathlon**  
**IN A TIME OF : 01:23:30**

**OVERALL FINISH PLACE**  
**45 of 96**

**GENDER - GENDER PLACE - CATEGORY - CATEGORY PLACE**  
**Male 36 of 55 MSV 7 of 9**

**RACE DATE**  
**07/04/2019**



**00:09:59**

**T1**

**00:02:10**



**00:41:56**

**T2**

**00:01:19**



**00:28:03**

**CLUB**