



**CONGRATULATIONS**  
**Rhys Francis**

**ON FINISHING THE**  
**Dyfi Dash Sprint Triathlon**  
**IN A TIME OF : 01:15:52**

**OVERALL FINISH PLACE**  
**25 of 96**

**GENDER - GENDER PLACE - CATEGORY - CATEGORY PLACE**  
**Male 22 of 55 M Sen 10 of 20**

**RACE DATE**  
**07/04/2019**



**00:06:50**

**T1**

**00:02:41**



**00:38:41**

**T2**

**00:00:51**



**00:26:47**

**CLUB**

**Athletics & Triathlon Club**