



**CONGRATULATIONS
Dilwyn Griffiths**

**ON FINISHING THE
Dyfi Dash Sprint Triathlon
IN A TIME OF : 01:14:49**

**OVERALL FINISH PLACE
21 of 96**

GENDER - GENDER PLACE - CATEGORY - CATEGORY PLACE
Male 19 of 55 M Sen 9 of 20

**RACE DATE
07/04/2019**



00:08:16

T1

00:01:17



00:32:38

T2

00:01:23



00:31:12

CLUB

Cerist Triathlon Club