



CONGRATULATIONS
James Thomas

ON FINISHING THE
Dyfi Dash Sprint Triathlon
IN A TIME OF : 01:08:13

OVERALL FINISH PLACE
7 of 96

GENDER - GENDER PLACE - CATEGORY - CATEGORY PLACE
Male 6 of 55 M Sen 3 of 20

RACE DATE
07/04/2019



00:07:06

T1

00:01:02



00:34:06

T2

00:00:42



00:25:14

CLUB