

**SWIM**



**RUN**



**CONGRATULATIONS**

**Lauren Adams**

**ON FINISHING THE**

**National Schools Aquathlon Championships 2019**

**RACE DATE**

**26/04/2019**

<b>GENDER</b>	<b>- GENDER PLACE</b>	<b>- CATEGORY</b>	<b>- CATEGORY PLACE</b>
Female	50 of 84	S1/2 Girls	50 of 84

**IN A TIME OF**

**00:17:14**

**SWIM**  
**00:05:01**

**RUN TO T1**  
**00:00:13**

**T1**  
**00:00:44**

**RUN**  
**00:11:14**

**CLUB**

**St Columba's School, Kilmacolm**