



CONGRATULATIONS

Ian Howarth

ON FINISHING THE

Team Triguru Aquathlon April

TriGuru Aquathlon

RACE DATE

29/04/2019

GENDER - GENDER PLACE - CATEGORY - CATEGORY PLACE

Male

17 of 20

M Open

17 of 20

IN A TIME OF

00:32:45

SWIM

00:08:39

T1

00:01:05

RUN

00:23:00

CLUB

Team TriGuru