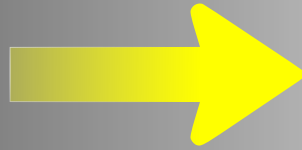


**SWIM**



**RUN**



**CONGRATULATIONS**

**Nicola Shenton**

**ON FINISHING THE**

**Team Triguru Aquathlon April**

**TriGuru Aquathlon**

**RACE DATE**

**29/04/2019**

**GENDER - GENDER PLACE - CATEGORY - CATEGORY PLACE**

**Female**

**3 of 7**

**F Open**

**3 of 7**

**IN A TIME OF**

**00:30:14**

**SWIM**

**00:06:35**

**T1**

**00:00:19**

**RUN**

**00:23:19**

**CLUB**

**Team TriGuru**