



**CONGRATULATIONS**

**Ben Bird**

**ON FINISHING THE**

**Man Tri Aquathlon #4**

**MTC Aquathlon Adults**

**RACE DATE**

**20/08/2019**

**GENDER - GENDER PLACE - CATEGORY - CATEGORY PLACE**

**Male**

**23 of 48**

**M Sen**

**16 of 29**

**IN A TIME OF**

**00:36:52**

**SWIM**

**00:12:57**

**T1**

**00:01:03**

**RUN**

**00:22:52**

**CLUB**

**Army Tri Ass**