



CONGRATULATIONS

Karen Day

ON FINISHING THE

Man Tri Aquathlon #4

MTC Aquathlon Adults

RACE DATE

20/08/2019

| GENDER | - GENDER PLACE | - CATEGORY | - CATEGORY PLACE |
|---------------|-----------------------|-------------------|-------------------------|
| Female | 19 of 25 | F 50-59 | 1 of 5 |

IN A TIME OF

00:42:54

SWIM
00:17:04

T1
00:01:49

RUN
00:24:00

CLUB

Rochdale Tri Club