



**CONGRATULATIONS**

**Graham Rands**

**ON FINISHING THE**

**Man Tri Aquathlon #4**

**MTC Aquathlon Adults**

**RACE DATE**

**20/08/2019**

**GENDER - GENDER PLACE - CATEGORY - CATEGORY PLACE**

**Male**

**2 of 48**

**M Sen**

**2 of 29**

**IN A TIME OF**

**00:29:55**

**SWIM**

**00:11:26**

**T1**

**00:00:34**

**RUN**

**00:17:54**

**CLUB**

**Man Tri Club**