

**SWIM**

**BIKE**

**RUN**

**CONGRATULATIONS**

**Alaina Jones**

**ON FINISHING THE  
Aberystwyth Junior Triathlon  
IN A TIME OF : 00:08:20.8**

**OVERALL FINISH PLACE  
1 of 8**

**GENDER - GENDER PLACE - CATEGORY - CATEGORY PLACE**  
**Female 1 of 8 TSSG 1 of 8**

**RACE DATE  
31/08/2019**

 **SWIM**  
**00:01:06.9**

 **RUN TO T1**  
**00:00:30.2**

 **BIKE**  
**00:03:30.8**

 **RUN**  
**00:01:49.0**

**CLUB**

**Denbighshire Triathlon Club**