



**CONGRATULATIONS**

**Christopher Cowdy**

**ON FINISHING THE  
Gullane Beach Triathlon**

**IN A TIME OF : 03:18:03.9**

**OVERALL FINISH PLACE  
98 of 138**

**GENDER - GENDER PLACE - CATEGORY - CATEGORY PLACE**  
**Male 87 of 102 MV 35 of 39**

**RACE DATE  
07/09/2019**

 **SWIM**  
**00:34:21.5**

 **RUN TO T1**  
**00:01:40.6**

 **BIKE**  
**01:42:47.2**

 **RUN**  
**00:56:10.9**

**CLUB**