

SWIM

BIKE

RUN

CONGRATULATIONS

Nicola Langdon-Ward

**ON FINISHING THE
Torbay Triathlon**

IN A TIME OF : 00:49:47.4

**OVERALL FINISH PLACE
42 of 54**

GENDER - GENDER PLACE - CATEGORY - CATEGORY PLACE
Female 30 of 41 FV40 10 of 14

**RACE DATE
15/09/2019**

 **SWIM**
00:07:07.0

 **RUN TO T1**
00:01:45.2

 **BIKE**
00:20:28.5

 **RUN**
00:17:56.9

CLUB