



Triathlon

Swimming: Two blue swimmers in the water.
Cycling: A black silhouette of a cyclist on a bike.
Running: A red silhouette of a runner and a red silhouette of a dog.

Aquathlon

Swimming: Two blue swimmers in the water.
Running: A red silhouette of a runner and a red silhouette of a dog.

Duathlon

Cycling: A black silhouette of a cyclist on a bike.
Running: A red silhouette of a runner and a red silhouette of a dog.

Canicross

Running: A red silhouette of a runner and a red silhouette of a dog.

Race Date 26/09/2020

Congratulations

Iain Bowes

on Finishing

Saturday Time

00:29:17.2

Sunday Time

00:27:35.0

Combined Time

00:56:52.2



Overall Position 6
Gender Position 4 **Male**
Category Position 2 **M 40+**