



Triathlon

Swimming:
Cycling:
Running:

Aquathlon

Swimming:
Running:

Duathlon

Cycling:
Running:

Canicross

Running:

Race Date 26/09/2020

Congratulations

Rich Lappin

on Finishing

Saturday Time

00:22:13.0

Sunday Time

00:22:58.5

Combined Time

00:45:11.6



Overall Position 8
Gender Position 4 Male
Category Position 2 M 19-39