



**Triathlon**

Swimming:   
Cycling:   
Running:   
Running:

**Aquathlon**

Swimming:   
Running:   
Running:

**Duathlon**

Cycling:   
Running:   
Running:

**Canicross**

Running:

**Race Date 26/09/2020**

**Congratulations**

**Lucy Brook**

**on Finishing**

**Saturday Time**

**Sunday Time**

**00:30:03.2**

**Combined Time**



**Overall Position**  
**Gender Position**  
**Category Position**

**Female**  
**F 19-39**